

Paying your fees.

The new IceReg system will invoice you the amount for fees. Payment of fees can be done by e-transfer to treasurer@speedskatingkingston.ca. Please use the password: **Striders2020**. In your email please indicate:

1. Name of skater(s):
2. Reason for payment: (e.g. "2 skaters each skating 2 hours/wk plus skate rentals")

For credit card payment, please complete the [authorization form](#), and email it to treasurer@speedskatingkingston.ca. If you cannot access the link, a copy of the form is on the next page.

If you cannot pay with e-transfer or credit card, please contact the treasurer to make alternate arrangements (treasurer@speedskatingkingston.ca)

Please note that coaches will not be able to accept your payment - they have enough to worry about!

Program	KSSSC Fee
One PM hour/week	\$315
Two PM hours/week	\$575
One AM hour/week (Sat)	\$315
Fundraising buyout (one per family)	\$200
Associate member	see below
Skate Rental	\$100
Helmet Rental	\$50
3rd family member	50% off KSSSC fees
4th family member	100% off KSSSC fees
Lifetime honorary member	100% off KSSSC fees

Plus OSA and SSC fees ranging from \$53.77 (recreational skater) to \$168.09 (elite skater). At this time, all skaters will register as recreational skaters. When competitions become available, you will have the opportunity to upgrade your registration (by paying the difference).



Associate members: Every family group must have at least one adult member who can take part at the club AGM. If no adults in the family are skating members, one parent should register on IceReg as an Associate Member (OSSA fee \$32.49).

Kingston Striders Credit Card Authorization Form	
Please fill in the information below and send to treasurer@speedskatingkingston.ca	
Amount:	
Credit card type (e.g. Mastercard, Visa):	
Cardholder name:	
Card number:	
Expiry Date:	
CVV (three digit code on back):	
Name of skater(s):	
Reason for payment:	
Date:	

Where does your money go?

Our biggest expense is ice time. In addition to ice time we are required to pay fees to the Ontario and Canadian Speed Skating associations to ensure that our people and club are adequately insured.




KSSSC is in good financial standing, thanks to great work by past and present Treasurers and Book keepers. To ensure that we stay that way, and that you continue to trust us with your money, we disclose to you annually the state of the club's finances. Some years we come out a little ahead, other years when we run significant training programs, require new mats or equipment, we finish the year with a minor deficit.





Money Spent in	2018-19 Season	2019-20 Season
Ice & Room Rental	\$41 740	\$40 220 (season shortened 2 weeks)
OSSA and SCC Fees	\$ 5 180	\$ 9 245
Equipment and Mat Exp.	\$ 5 915	\$ 4 965
Meet costs (Net)	- \$ 2 450	- \$ 460 *the cost were lower than the fees
<u>Net Profit (Loss)</u>	<u>\$ 2 740</u>	<u>\$ 7 940</u>

The Club has been able to collect fees to cover all its costs over the past few years, and have a rainy day fund in place. Looking forward to this season, we anticipate a Net loss of around \$ 9 000. This is in part due to the loss of Bingo revenue which is a big support to our club, as well as additional costs to be compliant with health regulations during the COVID pandemic. We want to use our accumulated rainy day fund to help ensure speed skating remains at a reasonable cost for all skaters. We continue to also have fantastic sponsorship support from great businesses like Herman’s Auto COBS Bread, Ormsbee Mercantile and Play! Gaming and Entertainment. In the 2019-2020 season, sponsorship revenue was \$5900, a big part of the reason why we had such a healthy net profit!

New sponsors are always welcome. You can be sure that your club will show our sponsors our appreciation for their support by highlighting these businesses whenever we can. We continue to look for ways to have all our members know who support us and how they can in turn support those businesses in their own way.

A detailed description of speed skating equipment can be found in the following pages.

	Intent, Minimum Requirement and Guidance	Photo
Ankle Protection	<p><u>Intent:</u> Prevent cut and puncture wounds of the Achilles tendon from blades during the thrust phase of the stride.</p> <p><u>Minimum Requirement:</u> When no cut resistant suit is worn, a cut and puncture resistant ankle made of Kevlar or Dyneema must be worn on both legs, covering the legs from the tops of the boots to 10 cm above the tops of the boots.</p> <p><u>Guidance:</u> Extend coverage higher up the legs, as desired. The more cut and puncture resistance, the better.</p>	
Eye Protection	<p><u>Intent:</u> Prevent eye injuries resulting from ice chips or a collision with a blade or other object.</p> <p><u>Minimum Requirement:</u> Shatter-resistant glasses or a complete visor are required for all skaters. All glasses must be held in place by a strap.</p> <p><u>Guidance:</u> Clear or yellow lenses are recommended. The higher the level of shatter resistance and the more extensive the protection, the better.</p>	
Hand Protection	<p><u>Intent:</u> Prevent cut and puncture wounds on the hands from blades.</p> <p><u>Minimum Requirement:</u> For Learn to Skate programs, gloves or mitts must be worn. For any long blade activity, full leather gloves or a synthetic glove which offers an equal or superior level of cut and puncture resistance to leather must be worn.</p> <p><u>Guidance:</u> The more cut and puncture resistance of the gloves, the better.</p>	

<p>Head Protection</p>	<p><u>Intent:</u> Prevent major and minor head trauma and traumatic brain injury due to impacts with ice, boots, blades, bodies, boards and crash pads</p> <p><u>Minimum Requirement:</u> A helmet must be worn for all on-ice activities. It must be securely fastened under the chin at all times. A skate blade should not be able to penetrate any ventilation holes in the helmet.</p> <p>For Learn to Skate and Learn to Speed Skate Programs, as well as training for Active Start and FUNDamentals aged participants, helmets must be ASTM F 1849 certified or CSA approved (hockey, snowboard/ski skateboarding helmets only). For all other competitions and activities, helmets must be ASTM F 1849 certified.</p>	
<p>Knee Protection</p>	<p><u>Intent:</u> Prevent puncture and blunt force impact wounds to the knees.</p> <p><u>Minimum Requirement:</u> Full frontal knee coverage providing complete coverage of the patella. Made of puncture resistant (e.g. Kevlar or Dyneema) and impact absorbing (e.g. high density foam) material. Protection may be worn over a skater's skin suit or it can be integrated in the suit.</p> <p><u>Guidance:</u> The more puncture resistance and blunt impact energy absorption, the better.</p>	
<p>Neck Protection</p>	<p><u>Intent:</u> Prevent cut and puncture wounds to the neck area, especially in the areas of the major arteries.</p> <p><u>Minimum Requirement:</u> All skaters must wear neck protection covering the lower half of the full circumference of the neck and covering all soft tissue below the chin to a point extending below a line joining the armpits at the front of the body. Neck protection must be made of Kevlar, Dyneema, or ballistic nylon. Protection may be integrated into the design of a skater's skin suit or worn tucked into a skater's skin suit. If separate neck protection is worn it must fastened securely.</p> <p><u>Guidance:</u> The more cut and puncture resistance and the greater the extent of neck coverage, the better.</p>	
<p>Rest of Body Protection</p>	<p><u>Intent:</u> Prevent cut and puncture wounds on any other part of the body not already covered by other protective equipment.</p> <p><u>Minimum Requirement:</u> All skin below the mid-line of the neck must not be bare. Skaters participating in events sanctioned as SSC Championships and/or as Selection/International competitions must wear cut resistant clothing meeting or exceeding the minimum standards established by the ISU.</p> <p><u>Guidance:</u> Minimum requirement "rest of body protection" is recommended for all other activities (e.g. training) where skaters are performing at a level similar to the lowest level of SSC Championships. The more cut and puncture resistance, the better.</p>	
<p>Shin Protection</p>	<p><u>Intent:</u> Prevent cut and puncture wounds along the shin from blades, as well as some measure of blunt impact protection from hitting hard objects/bodies.</p> <p><u>Minimum Requirement:</u> When wearing long blades, skaters must wear hard plastic or built-in cut and puncture resistant material with some impact energy absorption. Full frontal shin coverage is from within 2.5 cm of the top of the boot to within 2.5 cm of the bottom of the knee protection. Protection may be worn over/under a skater's skin suit or it can be integrated in the suit.</p> <p><u>Guidance:</u> The more cut and puncture resistance and impact protection of the shins, the better.</p>	