

KSSSC Changeroom Policy

To ensure a safe, respectful, and inclusive environment for all participants, skaters and families are expected to follow the guidelines below when using changerooms at the Community Centre.

Mixed-Gender and Mixed-Age Changerooms

All changerooms are shared spaces used by participants of different ages and genders. Skaters must conduct themselves respectfully and appropriately at all times.

- All skaters are required to wear a **base layer** while in the common areas of the changeroom.
- A base layer includes clothing that covers the pelvic region and torso, such as:
 - Shorts or compression shorts
 - A t-shirt
 - A sports bra
 - Similar attire that would be appropriate in a public fitness or recreation facility

Private Changing Areas

Each changeroom contains one or two private stall/shower that may be used for changing clothes when additional privacy is desired.

- Participants are encouraged to use the private stall if they are uncomfortable changing in a shared space.
- The urinal is not to be used under any circumstances.
- Additional spacious washrooms are available throughout the Community Centre and may also be used for changing.

Parent and Guardian Supervision

Parents and guardians of younger skaters are responsible for determining the level of assistance their child requires.

- Please supervise younger skaters in the changerooms as needed.
- Parents and guardians may assist their skater with dressing and preparing to go on the ice.

- Families know their skaters best and should provide support appropriate to their child's age and abilities.

Rule of Two

Our club follows Safe Sport principles and the [Rule of Two](#), which requires that at least two responsible adults (coach, staff member, parent, or screened volunteer) be present with youth participants whenever possible. Therefore:

- Adults should not remain in a changeroom as the only adult present with youth who are not under their care.
- If assistance is required, please ensure another responsible adult is present.
- Coaches, volunteers, parents, and staff are expected to support a safe and accountable environment for all participants.

Respectful Behaviour

All users of the changerooms are expected to:

- Respect the privacy and dignity of others.
- Use appropriate language and behaviour at all times.
- Follow instructions from coaches, staff, and volunteers.
- Help maintain a welcoming, inclusive, and safe environment for everyone.

Failure to comply with this policy may result in loss of changeroom privileges or further action as determined by the club or facility management.